**About Mark Hyman, MD**

Mark Hyman, MD, believes that we all deserve a life of vitality—and that we have the potential to create it for ourselves. That’s why he is dedicated to tackling the root causes of chronic disease by harnessing the power of Functional Medicine to transform healthcare. Dr. Hyman and his team work every day to empower people, organizations, and communities to heal their bodies and minds, and improve our social and economic resilience.

Dr. Hyman is a practicing family physician, a six-time #1 *New York Times* bestselling author, and an internationally recognized leader, speaker, educator, and advocate in his field. He is also the founder and medical director of The UltraWellness Center, chairman of the board of the Institute for Functional Medicine, a medical editor of *The Huffington Post,* and a regular medical contributor on Katie Couric’s TV show, *Katie.*

Dr. Hyman works with individuals and organizations, as well as policy makers and influencers. He has testified before both the White House Commission on Complementary and Alternative Medicine and the Senate Working Group on Health Care Reform on Functional Medicine. He has consulted with the Surgeon General on diabetes prevention, and participated in the 2009 White House Forum on Prevention and Wellness. Senator Tom Harkin of Iowa nominated Dr. Hyman for the President’s Advisory Group on Prevention, Health Promotion, and Integrative and Public Health. In addition, Dr. Hyman has worked with President Clinton, presenting at the Clinton Foundation’s *Health Matters, Achieving Wellness in Every Generation* conference and the Clinton Global Initiative, as well as with the World Economic Forum on global health issues.

Dr. Hyman also works with fellow leaders in his field to help people and communities thrive—with Rick Warren, Dr. Mehmet Oz, and Dr. Daniel Amen, he created *The Daniel Plan,* a faith-based initiative that helped The Saddleback Church collectively lose 250,000 pounds.  He has appeared as an advisor on *The Dr. Oz Show* and is on the board of Dr. Oz’s HealthCorps, which tackles the obesity epidemic by educating American students about nutrition. With Dr. Dean Ornish and Dr. Michael Roizen, Dr. Hyman crafted and helped introduce the Take Back Your Health Act of 2009 to the United States Senate to provide for reimbursement of lifestyle treatment of chronic disease.

Join Dr. Hyman on his path to revolutionize the way we think about and take care of our health and our societies at [www.drhyman.com](https://email.hbgusa.com/owa/redir.aspx?C=9891583c26c44679bb2488647746ccfa&URL=http%3a%2f%2fwww.drhyman.com%2f), on Twitter and Instagram @markhymanmd, and on Facebook at [facebook.com/drmarkhyman](https://email.hbgusa.com/owa/redir.aspx?C=9891583c26c44679bb2488647746ccfa&URL=http%3a%2f%2ffacebook.com%2fdrmarkhyman).