

Detoxification and Liver Support



Dr. Hyman's supplement stack recommendation for optimal healthy support

Recommended Usage and Benefits

NAC

Take 1 capsule daily. Promotes the production of glutathione, a potent antioxidant that supports immune function and reduces the severity of the flu.

ALAmox CR

Take 1 capsule daily. Helps maintain a balance between oxidized and reduced CoQ10.

LVR Formula

Take 2 capsules daily (4 in total). Promotes liver cell health, while the antioxidants offer multifaceted liver cell protection. Supports healthy liver metabolism, hepatocyte protein synthesis and DNA integrity.

Supplements will ship as needed to maintain optimal levels

If you have any questions or concerns regarding the supplements or their usage, please don't hesitate to contact our customer support team. You can reach us at support@drhyman.com or call us at [1-888-702-2995](tel:1-888-702-2995)

We hope this guide helps you make the most of your supplement stack. Remember, consistency is key in achieving optimal results. Here's to your health and well-being!

*Information and statements regarding dietary supplements available on this Website have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease.