

Pregnancy Support



Dr. Hyman's supplement stack recommendation for optimal healthy support

Recommended Usage and Benefits

WeNatal HER pouch

Take 3 capsules daily. Assists ovulation and egg development and spinal and brain development.

Omega-3 Rejuvenate

Take 1 capsule daily. Health Interests: Immunity, Immune Response, Immune Rejuvenation, Skin Health, Eye Health.

Seed DS-01® Daily Synbiotic

Take 2 capsules daily. Probiotics stimulate intestinal immune cells and commensal microflora to modulate specific immune functions and immune homeostasis.

Supplements will ship as needed to maintain optimal levels

If you have any questions or concerns regarding the supplements or their usage, please don't hesitate to contact our customer support team. You can reach us at support@drhyman.com or call us at [1-888-702-2995](tel:1-888-702-2995)

We hope this guide helps you make the most of your supplement stack. Remember, consistency is key in achieving optimal results. Here's to your health and well-being!

*Information and statements regarding dietary supplements available on this Website have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease.