

# SIBO



Dr. Hyman's supplement stack recommendation for optimal healthy support

## Recommended Usage and Benefits

### MegaSporebiotic

**Take 2 capsules daily.** (Bacillus subtilis B-709) an anti-viral probiotic.

### Total Gut Probiotic

**Take 1 capsule daily.** Probiotic. Relieves occasional gas and bloating.

### CandiBactin-AR

**Take 2 capsules twice a day (4 in total) for 30 days.** For support of a healthy intestinal environment.  
**\*Do not use long term without working with a physician**

### CandaiBactin-BR

**Take 2 capsules twice a day (4 in total) for 30 days.** Used to encourage healthy intestinal environment, immune function and detoxification.  
**\*Do not use long term without working with a physician**

### Atrantil

**Take 2 capsules twice a day (4 in total).** Helps to relieve bloating and abdominal discomfort.

### GI Revive powder

**Take 1 scoop daily.** Provides therapeutic levels of L-glutamine, herbs and fiber for soothing regularity and gut wall permeability. Helps support overall immunity and health.

### Microbiome Rejuvenate

**Take 2 capsules every day, with or without food.** We recommend daily usage on an ongoing basis to support immune function and promote rejuvenation of your immune response.

### SBI Protect

**Take 1 scoop daily.** Pure IgG helps to maintain a healthy intestinal immune system by binding a broad ranges of microbes and toxins within the gut lumen.

### Seed DS-01® Daily Synbiotic

**Take 2 capsules daily.** Probiotics stimulate intestinal immune cells and commensal microflora to modulate specific immune functions and immune homeostasis.

## Supplements will ship as needed to maintain optimal levels

If you have any questions or concerns regarding the supplements or their usage, please don't hesitate to contact our customer support team. You can reach us at [support@drhyman.com](mailto:support@drhyman.com) or call us at [1-888-702-2995](tel:1-888-702-2995)

We hope this guide helps you make the most of your supplement stack. Remember, consistency is key in achieving optimal results. Here's to your health and well-being!

\*Information and statements regarding dietary supplements available on this Website have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease.